

HOW TO GET EXPERIENCE



Advice from Dear Abby

DEAR ABBY: I know you get many letters from people who are unemployed, depressed and don't know how to climb out of the funk. I was laid off from my management position three weeks after giving birth to my first child. Talk about depressing.

After several months of recovering from a difficult birth, I contacted my local SPCA and began volunteering. Not only do I help by feeding and cleaning the kitties, but I am using my professional skills to help them with photography, graphic design and fundraising. I'm still looking for work and getting occasional interviews. And in those interviews, potential employers always seem impressed with my volunteer work.

I'm writing to encourage anyone who is unemployed to find charitable organizations to work with. Offer your professional skills. It is something to get up for and do during the day. It also looks good on your resume and makes you feel great. —

UNPAID FOR NOW, BUT HAPPY IN CALIFORNIA

DEAR HAPPY: That's a valuable suggestion and thank you for it. At this point, 13.9 million Americans are unemployed. Many suffer from depression because, through no fault of their own, they have been unable to find jobs. When people feel embarrassed, frustrated and angry, they tend to isolate themselves, which doesn't help and can be unhealthy.

The more connections you make, the greater your chances for finding permanent employment, because in the final analysis it's all about people and relationships. I wish you luck in your job search. Whoever hires you will be lucky to have you.



FIND MANY MORE VOLUNTEER OPPORTUNITIES LISTED AT DOSAVANN

Gentiva Hospice

Seeking patient-care volunteers to provide companionship as well as office volunteers to assist with light office work. Those who enjoy playing cards, singing and talking with others are encouraged to volunteer. Offices are in Rincon and Savannah. Seniors are encouraged to volunteer. For information, call Kim Tutan, 912-352-8200.

Coastal Georgia Botanical Gardens seeks volunteers

The Coastal Georgia Botanical Gardens is always in need of volunteers to help with planting, weeding, garden maintenance, leading tour groups throughout the gardens, staffing the museum, teaching students about plants and nature, staffing the Strawberry, Blueberry and Blackberry Fields during picking season and many more activities. If you love nature and wish to help the CGBG "grow" and be a resource for one of Savannah's finest treasures, contact Fred Nussbaum at 912-921-5460 for volunteer opportunity information.

Davenport House Museum seeks teen volunteers

The Junior Interpreter Training Program is a free training program offered from 6-8 p.m. Thursdays in the summer at the Davenport House Museum. The program teaches public speaking, customer service skills and the museum's story to young people in their high school years. The program runs June 13-July 25, with Junior Interpreter Day set for Aug. 1, when young people give their first tours to the public. For information, call 912-236-8097 or email jcredle@davenportmuseum.org.

Riverview Health & Rehab Center seeks volunteers

Riverview Health & Rehabilitation Center is seeking caring and energetic individuals to help run our resident gift shop, provide one-on-one visitation or assist with group activities. You can make a difference! For more information or to set up an appointment, contact Rachel Grier, volunteer coordinator, at 912-354-8225, ext. 226.

DO YOUR PART for Savannah

Bethesda Academy announces call for volunteer docents

Volunteer docents are needed from 10 a.m. to 4 p.m. Thursday-Saturday. Docents will have the opportunity to share Bethesda's rich history and inspiring legacy. Contact Elizabeth Brown at elizabeth.brown@bethesdaacademy.org or 912-351-2061.

Rebuilding Together Savannah seeks volunteers

Rebuilding Together Savannah are seeking an Office Assistant, Grant Writer and Project Assistant. Contact us at rebuildingtogethersavannah@gmail.com or 912-236-2022 for more information. Learn more at www.rebuildingtogethersavannah.com.

Compassionate Care Hospice volunteers needed

Compassionate Care Hospice is in need of volunteers to join our compassionate team. There are opportunities to assist in the office, as well as provide respite for caregivers of our patients who live in Bryan, Chatham and Effingham counties. Orientation will be provided. For more information or to apply, please contact Alisa Arms at 912-691-5755 or go to www.cch.net to apply. You can also visit our Facebook page.

SAVANNAH RED CROSS LOOKING FOR VOLUNTEERS

Each of our volunteers is important, and each volunteer gets the chance to truly make a difference...right here at home.

We really couldn't do all that we do without the help of faithful, caring volunteers who give their time, talent and support to the American Red Cross.

Last year 755 Red Cross volunteers and 14 employees touched the lives of more than 36,000 people in the Coastal Empire and surrounding communities.

We get our strength from our volunteers. Stop by or give us a call and learn how rewarding it is to do something good for your neighbors. Remember, when you help the American Red Cross, you help America.

Disaster Services Volunteer

Disasters can strike at any time, and we need your help to get our neighbors back on their feet. From house fires to hurricanes, Savannah Chapter Red Cross volunteers step in when circumstances are at their worst. Almost every day our volunteers reach out to those who have been affected by disaster here in our area and beyond.

As part of the disaster action team, you will learn to care for others during tragedy. From mass care and feeding to driving an Emergency Response Vehicle (ERV) we will teach you everything you need to know. The best part...you get the rewarding feeling of making a lasting impact on those in need.

Come test yourself. Learn new skills and be a helping hand. Join the Disaster Action Team!

Disaster Action Team

In conducting relief operations, the Red Cross always avails itself of the services of volunteers, and mobilizing and utilizing local resources to the fullest extent possible. Disaster Action Teams (DAT teams) are organized to place trained Red Cross volunteers at the scene of a disaster within an hour of notification of its occurrence to provide immediate emergency services to disaster clients and emergency workers.

National Disaster Response

In addition to our local disasters, many of our volunteers have deployed to other areas of the country that have been affected by natural disasters such as hurricanes, flooding, tornadoes and forest fires. You don't need to be a DAT team member to be a national volunteer. The Red Cross will train you so that when the need arises, you will be prepared to deploy and assist in the disaster response.

Disaster Volunteer Positions

The Red Cross provides extensive training to all of our volunteers. The following is a list of many of the positions available for disaster volunteers:

Client Casework	Health Services	Disaster mental Health
Bulk Distribution	Feeding	Sheltering
Community Programs	Government Liaison	Disaster Assessment
Financial & Statistical Mgmt.	Staff Relations	Training
Public Affairs	Fund Raising	And many more!

Cause Services is looking for volunteers to staff our C-DEL (Cause Digital Entertainment Library). The C-DEL is place where wounded warriors, their family and their caregivers can check out the latest DVD and Video game titles free of charge. Volunteers are needed to help warriors check out titles, organize the collection, and provide a friendly face to those going through a difficult time.

Cause got started in April 2003 when four West Point graduates who had served in Vietnam and their wives began providing personal care items and clothing to wounded soldiers arriving at Walter Reed from the battlefields of Iraq and Afghanistan.

Today, Cause programs that support recreation, relaxation and resiliency reach thousands of injured service men and women facing months of medical care and rehabilitation far from home and family. These programs are designed to bring a bit of relaxation and fun into what are, for many, very challenging circumstances. But they also serve a much more serious purpose: that of helping wounded warriors begin the normalization process and the re-entry to home and community as they take their long journey back to health.

I'd appreciate any help you can provide. If you have any further questions, please feel free to contact me.

Best,

Gabrielle Dunkley

Program Coordinator

Cause - Helping America's Wounded Military

4114 Legato Road, Suite B

Fairfax, VA 22033

Phone: (703) 591-4965

Cell: (571) 306-1591

Fax: (703) 591 - 4931

www.cause-usa.org

CFC#33011

Find us on Facebook: www.facebook.com/helpwoundedwarriors

Follow us on Twitter: www.twitter.com/CAUSE09

**United Hospice of Savannah
Is looking for Volunteers**

United Hospice is looking to recruit volunteers for service in their community while at the same time giving students an opportunity to learn hospice philosophy and experience.

They are looking for both patient and administrative volunteers.

If interested, please contact Kelly Colbert @ 912-925-9183 or at kacolbert@uhs-pruitt.com

**Chatham County DFCS
Is in need of Volunteers**

Multiple volunteer positions are available to students, such as filing, customer service and COMPASS navigation. A signed confidentiality form will be required. Flexible hours can be arranged during our office hours between 8:00 am to 5:00 pm, Monday-Friday.

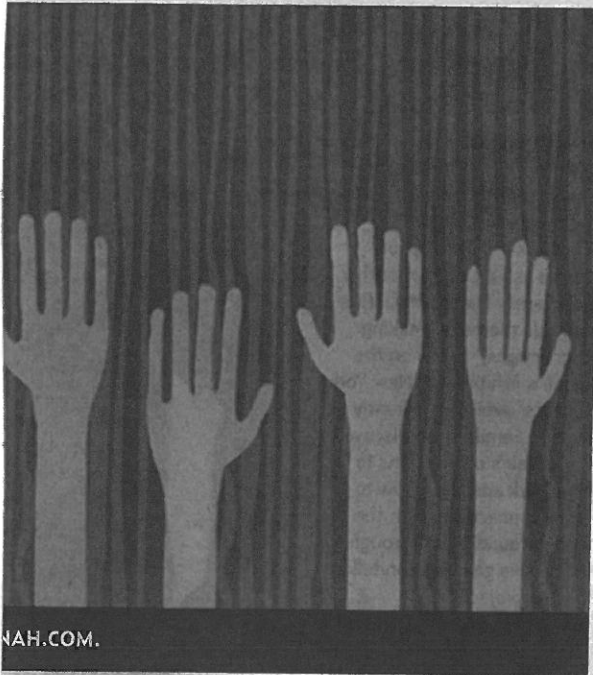
If interested, please contact :

Marva Pollard @ 912-506-2002 or mlpollard1@dhr.state.ga.us

Or

Donna Starling @ 912-515-5406 or ddstarling@dhr.state.ga.us

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**Royce Learning Center
needs volunteer tutors**

The Adult Community and Education Program at Royce Learning Center is seeking volunteer tutors to assist adult learners with GED prep and literacy needs. Classes are from 5-7 p.m. Monday-Thursday and from 9-11 a.m. Tuesday and Thursday. Classes meet at Royce Learning Center and at Wesley Community Center. Tutor training is offered for free. For more information, contact Khani Morgan, ACE program coordinator, at 912-354-4047 or kmorgan@roycelc.org.

**Infusion Therapy
volunteers needed**

St. Joseph's/Candler is seeking volunteers for its Center of Infusion Therapy, a new outpatient infusion center at Candler Hospital. Volunteers will help monitor patients in 10 separate rooms through a main camera monitor and will also help answer the telephone and take messages when needed. For more information about this new volunteer opportunity, call 912-819-6185.

Hospice Advantage

Would you like to share a few hours helping others? We have rewarding opportunities in Chatham and five surrounding counties to provide companionship, run errands and offer family support and/or light office work. We also welcome any special talents you have to share with our patients and families. Flexible times, flexible hours and all training is provided. Contact Darla Cady at 912-354-3727 or dcady@hospiceadvantage.com to start making a difference.

EOA needs volunteers

Share your time and special talents with others by joining the Retired and Senior Volunteer Program of EOA. Through RSVP, seniors 55 and older serve in various community organizations one to 40 hours per week. Choose where you want to serve from the many local agencies with which we are affiliated. Qualifications are to be 55 or older, want to enjoy life and have the desire to share with others. For information, call 234-7842 or Linda Fields at 238-2960, ext 123.

The Ronald McDonald House Volunteer Opportunities

Volunteers are the backbone of Ronald McDonald House Charities.

Volunteering at Ronald McDonald House Charities is easy. Hours are flexible and we encourage you to volunteer doing things that maximize your talents – volunteering to cook, garden, teach arts and crafts and more!

Adopt a meal volunteers needed

4:00 pm - 6:00 pm

2 hours per Event

Ronald McDonald House 912-350-7641
4710 Waters Avenue
Savannah, GA 31404

Description

Group or individual to prepare evening meal in our kitchen for 15-20 people. Volunteer will supply all ingredients. Meals may also be catered or purchased "to go" from a restaurant. Dinner is served at 6:00 p.m. each night, Monday-Sunday.

Family Room Volunteer

9:00 am - 6:00 pm

3 hours per Week

Ronald McDonald House Family Room 912-819-6000
St. Joseph/Candler Hospital
5353 Reynolds St.
Savannah, GA 31405

Description

The Ronald McDonald Family Room located in St. Joseph/Candler Hospital is looking for volunteers to help maintain the facility. Responsibilities would include maintaining a clean facility, checking families in who wish to visit and utilize the facility.

Hours are Monday - Sunday from 9:00a.m. to 6:00p.m. in 3 hour shifts.

Skills

- Reliable, punctual, trustworthy

Requirements

- Must be at least 18

Looking to Volunteer?

Join the Team!

Meals on Wheels

At Senior Citizens, Inc. we could not deliver over 1,800 meals a day without the help of a strong volunteer core. Be a part of an organization that makes a difference every day by delivering lunchtime meals to homebound seniors and activity centers. The commitment is about one hour a week. Routes are available throughout Savannah and outlying counties.

Ruth Byck Adult Day Care

Join or lead activities with seniors (arts & crafts, bingo, puzzles, music, etc.) who attend the centers. Some evening activities are also available.

Sterling Rides: A Volunteer Transportation Program

Help seniors who can no longer drive! This program pairs volunteers with seniors each week and involves driving the senior to his/her doctor's appointment, the grocery store, errands, etc. Hours are flexible- you choose the ride(s) you'd like to provide each week. Evenings and weekends trips are possible.

Seasonal Care Packages

Help decorate and fill gift boxes or baskets with small household items. There is no limit to the number of packages created and you can make them at your own convenience. Suggested items include: personal care items (soap, shampoo, toothpaste etc.), notepads, envelopes, stamps, pens and pencils, lotion, Kleenex, socks, batteries, etc. Perfect for a group holiday project!

Mailings/Office Assistant

Help with mailings, filing, and/or occasional receptionist duties at the front desk. Any time is good for helping around the office. Mailings occur twice a month to distribute our calendars and newsletters to clients and volunteers. Call for schedule details.

Home Repairs or Yard Work

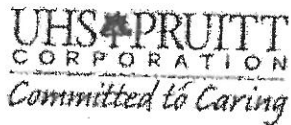
These are normally group weekend projects at senior's homes. Yard work is seasonal, but home repair is year around. The work is simple but vital to the seniors you're helping!

We also have special, seasonal projects such as blanket drives, painting, and card making. There is something for everyone!

Please call Lauren Cruickshank or email lcruickshank@seniorcitizens-inc.org for more information on these and other volunteer opportunities with Senior Citizens, Inc.

I am the volunteer coordinator at United Hospice and we are looking to recruit volunteers for service in their community while at the same time giving students an opportunity to learn the hospice philosophy and experience. We are looking for both patient and administrative volunteers. Is this something that could be a volunteer opportunity for your students?

Kelly A. Colbert, LCSW
United Hospice of Savannah
Social Worker & Volunteer Coordinator
Phone: (912)925-9183
Fax: (912)925-9340
kacolbert@uhs-prulitt.com



497.9.19 Volunteer Opportunities – Gain valuable experience and skills. Chatham County DFCS is in need of volunteers (non-paid positions) for filing, customer services and COMPASS navigation. Multiple volunteer positions are available to students (sororities and fraternities are welcome and needed). A signed confidentiality form will be required. Flexible hours can be arranged during our office hours: 8:00 a.m. to 5:00 p.m., Monday through Friday. If interested, please contact:

Marva Pollard, Interim OFI Administrator, E-mail: mlpollard1@dhr.state.ga.us
Telephone: 912 506-2002
or
Donna Starling, Interim OFI Administrator, E-mail: ddstarling@dhr.state.ga.us
Telephone: 912 515-5406



We envision a world where every girl can boldly pursue her dreams and realize her limitless potential.



learn. dream. live. *run.*

About Us

Our mission is to inspire girls to be joyful, healthy and confident, using an after school curriculum that emphasizes lessons about self-esteem, health nutrition, communication, team building and more.

Our program is open to any girl between the ages of 8-13. Girls on the Run (GOTR) is built upon the support of more than 40,000 council directors, coaches and volunteers. Since its establishment in 1996, its life-changing experiential learning program has reached more than 250,000 girls. Founder Molly Barker received an Ashoka Fellowship award in recognition of the program's capacity for broad scale social change. Locally, our Coastal Georgia Council is an independent council licensed by the international organization.

We started our program with 60 girls in 2006, steadily growing to our current peak of about 700 girls in 2012. We serve Chatham, Effingham, Bryan and Liberty counties. We're a classic example of a small, grassroots organization run by a small staff and leveraging its work through a dedicated group of volunteers. Each season (fall and spring) over 80 volunteer coaches and 75 other volunteers assist us in bringing the GOTR curriculum to schools and putting on a "5k Celebration Run" that caps the 10 week program and for which all the girls receive finisher medals.

Positions are available for summer/fall 2012 and winter/spring 2013. For more information on the below opportunities please contact executive director Sarah Todd at (912) 349-1528 or sarah.todd@girlsontherun-ga.org.

Internship/Volunteer Opportunities

Students participating as interns or volunteers with Girls on the Run of Coastal Georgia are an integral part of our work and get opportunities for responsible, impactful work and experience with key pieces of nonprofit operations. We provide support to help students develop their skills and become oriented to our organization. Positions are available for fall 2012 and all semesters in 2013.

Social Networking Coordinator - An excellent opportunity to take your social networking skills to a professional level. Become conversant with Facebook and Twitter strategies for marketing and communications, coordinate all social network messages going out from our office, solicit newsworthy content about our programs and activities that are appropriate for Twitter and Facebook updates. Work to expand our followers and friends on social networks and use our database to target messages to parents, coaches, donors and friends.

Assistant to the Executive Director - Get a bird's eye view of managing a youth health development program working side by side with the executive director of our organization. Gain experience in cultivating relationships with key stakeholders, act as an ambassador for Girls on the Run's mission and programs, develop relationships with the local media and serve as a primary contact to market the program and build additional community support.

Programs Assistant - The staff program coordinator is responsible for managing all of the Girls on the Run programs and its volunteers. This position will report directly to our program coordinator to assist in all aspects of managing our program. We currently serve between 18-22 sites and 350-390 girls each season. Eighty to ninety volunteer coaches are required to put on the program.

Positions are available for summer/fall 2012 and winter/spring 2013. For more information on the above opportunities please contact executive director Sarah Todd at (912) 349-1528 or sarah.todd@girlsontherun-ga.org.



Health & Safety

Want to be a CPR Instructor...a Lifeguard... or a First Aid Instructor? The Red Cross can teach you those skills to do all of those things and so much more!

Your Savannah Red Cross will train you in CPR, First Aid and other areas of safety. Then you can help spread the education and help to train others.

Administrative Assistance

Helping our friends, neighbors, community and fellow citizens is what Red Cross volunteerism is all about! But that help does not happen by accident.

Training classes have to be scheduled and implemented. Certificates have to be prepared. Phones have to be answered. Envelopes have to be stuffed. Packets have to be assembled. Mailings have to go out and so much more! All done by Red Cross office/clerical Volunteers.

To volunteer, please email [Allison Maruca](mailto:Allison.Maruca) at or call 912-651-5321.

ODYSSEY HOSPICE VOLUNTEER REQUEST

Do you enjoy playing cards, singing, talking with others? Can you do light Office work and REALLY enjoy making a difference in someone's life?

ODYSSEY HOSPICE is looking for someone special like you!! Odyssey Hospice has an Office in Savannah and Statesboro we are looking for giving people to make a difference with our Hospice patients. If you would like more information, please call **Kim Tutan**, Manager of Volunteer Services @ 912-352-8200. **Make a difference, VOLUNTEER ~**