

As with any infectious disease, the Georgia Division of Public Health is recommending the following precautionary measures:

- Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.
- Wash your hands often with soap and water, especially after you cough or sneeze. Alcohol-based hands cleaners are also effective.
- Try to avoid close contact with sick people.
- If you get sick, stay home from work or school and limit contact with others to keep from infecting them.
- Avoid touching your eyes, nose or mouth. Germs spread that way.

There is no vaccine available at this time, so it is important to take steps to prevent spreading the virus to others. If people are ill, they should attempt to stay at home and limit contact with others. Healthy residents living in these areas should take everyday preventive actions.

People who develop an illness with fever and respiratory symptoms, such as cough and runny nose, and possibly other symptoms, such as body aches, nausea, or vomiting or diarrhea, should contact their health care provider. Their health care provider will determine whether influenza testing is needed.

More information about swine flu can be found on the CDC website at <http://www.cdc.gov/flu/swine/index.htm>.

Human Swine Influenza Investigation. (2009, April 24). Retrieved May 20, 2009, from Georgia.gov: http://dhr.georgia.gov/DHR/DHR_CommonFiles/swineflu.pdf
